

LEARNING MENU

WEEK 1			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov 18-22 Dec 2-6 Dec 16-20 Dec 30-3 JAN 13-17 JAN 27-31 Feb 10-14 Feb 24-28	Breakfast	Bread/Grain Fruit	Cinnamon Bread Banana	vanilla Yogurt Banana	Oatmeal Banana	Biscuits Banana	Strawberry Cheerios Banana
	Lunch	Main Dish Veggies & Fruit	vermicelli & Ground Beef Green Beans & Pineapple	Black Bean Quesadilla Corn & oranges	Chicken Alfredo Asparagus & Apples	Grilled Cheese Peas & peaches	Ham & Cheese Sandwich Corn & pineapple
	Snack	Bread/Grain	Gold Fish	100% whole wheat RITZ	Graham Crackers	Cheerios	Animal Crackers
	Supper	Main Dish Veggies & Fruit	Turkey & Cheese RITZ Canapes Corn & pears	Peanut Butter Sandwich Asparagus & pineapple	Fish Sticks Peas & peaches	Chicken Nuggets Corn & oranges	Pepperoni PIZZA Green Bean & pears

WEEK 2			MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Nov 25-29 Dec 9-13 Dec 23-27 JAN 6-10 JAN 20-24 Feb 3-7 Feb 17-21	Breakfast	Bread/Grain Fruit	Cinnamon Bread Banana	vanilla Yogurt Banana	Oatmeal Banana	French Toast Banana	Strawberry Cheerios Banana
	Lunch	Main Dish Veggies & Fruit	Spaghetti & meatballs Green Beans & Pineapple	Lentil Pasta Corn & oranges	Chicken & Rice Asparagus & Apples	Black Bean Quesadilla Peas & peaches	Ham & Cheese Sandwich Corn & pineapple
	Snack	Bread/Grain	Gold Fish	100% whole wheat RITZ	Graham Crackers	cheerios	Animal Crackers
	Supper	Main Dish Veggies & Fruit	Turkey & Cheese wrap Corn & pears	Peanut Butter Sandwich Asparagus & pineapple	Fish Sticks Peas & peaches	Chicken Nuggets Corn & Oranges	Pepperoni PIZZA Green Beans & Pears

water is available throughout the day and at all meals & snacks
 milk is served with all meals to students over 1